

Every time she'd start treatment, she had one thought: "Let me out."

"Finally I realized it wasn't *me* that wanted to run. It was *my addiction* that wanted me to run. That was my first breakthrough."

And so she found the courage to stay in treatment, not just for a few days, but for 6 months. She got clean and stayed clean.

Then she started sharing her story at treatment centers.

During one talk, she noticed a girl sitting in the back of the room, crying. "Later I found out it was her first day. She was like, 'I wanted to leave so bad, but seeing your hope and your strength, seeing how you pulled through? It makes me want to stay.'"

**This is a true story as related by LW,
who is rebuilding her life.**

